

Humility vs. Humiliation

Humility is an
acknowledgment;
humiliation is an
assault.

Humility is a
truthful expression;
humiliation is a
deceitful repression.

Humility seeks
peace;
humiliation stirs up
turmoil.

Humility ennobles;
humiliation belittles.
Humility treads;
humiliation tramples.

Humility embraces;
humiliation rejects.
Humility rejoices;
humiliation gloats.

Humility accepts;
humiliation manipulates.
Humility empties
for fulfillment;
humiliation is full
of debasement.

Humility will suffer
humiliation,
but not condone it.
Humility will tolerate
humiliation,
but will condemn it.

Humility ennobles those
who practice it.
Humiliation demeans the one
who perpetrates it.

It is the strength
of humility
not to be crushed
by humiliation.

© *Msgr. Walter Niebrzydowski*
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Fr-Walter@nyc.rr.com
www.fatherwaltersparish.org