

Eating vs. Dining

Examine your meals:
are they mere
exercises in eating,
or delights of dining?

Eating is prose;
dining is poetry.
Eating is routine;
dining is festive.
Eating is sporadic;
dining needs preparation.

Eating is usually quick;
dining takes time.
Eating may be done alone;
dining requires company.
Eating is physical and biological;
dining is cultural and spiritual.

In this era of the
fast food phenomenon
we need to eat less,
but dine more.

In the area of
“going to church”
the Eucharist is not merely
my individual eating of
the Body of Christ,
but our communal dining at
the Lord’s Banquet.

In the age to come
heaven will be
a feast,
the ultimate experience
of dining.

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