

## *Change vs. Progress*

Not all change  
is progress.

Progress is change  
for the better:  
amelioration;  
but there is also change  
for the worse:  
deterioration.

Change for the sake of change  
is also not progress,  
but the itch  
for novelty.

All things, however,  
do change  
with one exception:  
change itself.

Sometimes it is futile  
to resist change,  
when it is wiser to  
recognize and redirect it:  
This is progress.

Many fear change because of  
what they will lose;  
they should rather examine it  
for what they can gain.  
This is progress.

Change entails  
the sorrow of loss  
but also includes  
the joy of discovery.  
This is progress.

Those who oppose change  
fear that  
things will get worse;  
but, without change,  
how will they get better?  
This is progress.

The mind should be a crucible  
melting down concepts  
and freeing them from dross;  
but sometimes it is a freezer  
immobilizing truths  
and rendering them useless.  
That is not progress.

You can, therefore,  
refuse to change  
and call it preservation;  
others, however,  
look at your obstinacy  
and call it stagnation.  
That is definitely  
not progress!

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