

***Both / And***

vs.

***Either / Or***

*Both / and*  
incorporates and includes;

*either / or*

isolates and excludes.

*Both / and*

enriches and empowers;

*either / or*

impoverishes and enervates.

*Both / and*

is conciliatory and irenic;

*either / or*

is antagonistic and pugnacious.

*Both / and*

is respectful and welcoming;

*either / or*

is abrasive and inhospitable.

*Both / and*

is creative and fertile;

*either / or*

is stagnant and unproductive.

*Both / and*

is resilient and expansive;

*either / or*

is unyielding and constricted.

*Either / or*

will seek out

facile solutions;

*both / and*

will discern and study  
complexity.

*Either / or*

will concentrate on  
and demonize the negative;

*both / and*

will search for  
and honor the positive.

*Either / or*

will fortify itself  
by its intransigence;

*both / and*

is prepared to suffer  
because of its tolerance.

*Both / and*

will form partners  
in dialogue;

*either / or*

will create opponents  
in combat.

When conflicts arise,  
therefore,

do not recede  
into the fortress of

*either / or*

but rather go out  
into the plain of

*both / and.*

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